

# SPEED & AGILITY SUMMER CAMP

INSTRUCTOR: MAKA STEWART

PHYSIOTHERAPY ASSOCIATES

**WHO:** ANY SAYDEL ATHLETE  
GOING INTO 7TH - 12TH

**COST:** FREE

**WHEN:** MONDAYS &  
WEDNESDAYS

8:00AM - 9:00AM

**START:** MAY 31 - AUG 9

CONTACT ANY OF  
YOUR SAYDEL COACHES  
FOR MORE INFO